



Spiritual Counsellor  
**Michelle Buchanan**

# Angelic HEALING

*Spiritual tricks to fix physical pain*

**M**y four-year-old daughter recently broke her arm when she fell off a trampoline, so I wanted to do all I could to help her body heal.

As well as the physical pain, Ava was energetically stressed, so I called archangels Raphael (archangel of healing) and Metatron (archangel of children) for assistance, along with some Rescue Remedy and Pamol.

On our way to the hospital, I visualised Ava's entire body surrounded by a green healing bubble of light. In my mind, I imagined her comfortable and calm, and her pain under control.

I asked the angels to give us a

clear run to the hospital and an empty waiting room to match.

Perhaps it was a coincidence, but there wasn't any traffic and only one child in the queue. Whilst in the waiting room, I phoned a couple of reiki healer friends to send Ava some "absent healing".

For the next four weeks, I played her *The Healing Code Music* by Elio ([www.elio.com](http://www.elio.com)) as she fell asleep. *The Healing Code* activates powerful healing centres by removing stress and allowing the neuro-immune system to heal whatever's wrong.

It's impossible to measure the results of my efforts, however, Ava healed in record time. Coincidence? Maybe, but it gave me peace of mind.



**For more information, check out [www.michellebuchanan.co.nz](http://www.michellebuchanan.co.nz)**